[[](https://www.onceuponapicture.co.uk/portfolio_page/fear/)](https://www.onceuponapicture.co.uk/portfolio_page/fear/" \t "_blank)

* Why is the picture called ‘Fear’? Is the man fearful? Is the rhino?
* What is fear? List your thoughts, beginning each sentence ‘Fear is…’. Put them together into a poem (like this one: [Fear Is](https://www.poemhunter.com/poem/fear-is-2/)). Consider what fear looks like, feels like, and what causes fear.
* Dawid Planeta captioned the picture with this quote:

*“One challenge at a time, I try to turn into the face of fear and tell it “you are not my master, you are the product of my self and I am your master.” I look into the monster’s eyes until it disappears. Then I am free.”*  
*― Rohvannyn Shaw*

* What does it mean? How does the quote link to the picture?